

SAMEE Newsletter



February edition!



Interview with Internship Mentor, Kathy Slmper

Reported by JD (Year 2 Intern)

JD: What was a highlight at the charity in 2025?

KS: All the interns and staff working together as a fabulous team to produce the pool lighthouse SAMEE art exhibition. Seeing the interns prepare and execute their displays so successfully was a significant highlight to me.

JD: Whats your goal at SAMEE?

KS: To make a difference to the interns and help them to achieve their goals.



JD: Whats your personal goal?

KS: To be the best version of myself that I can be. I have lots to work on!

JD: What else aside from video games should I have as supplementary material?

KS: Books such as annuals, comic strip books and even merchandise such as notebooks, keyrings, mugs, cards, plushies and even clothing. The world is your oyster go get it!

JD: Are you excited for my characters?

KS: Yes, very! I have seen you develop them from their initial concept to their final design and they are so creative and such fun!

JD: Should I do something to customise my website?

KS: Customising will help to showcase your talents and show the world how unique your designs are.

JD: Would you buy my things that I sell?

KS: Definitely!

JD: Should I create TV shows?

KS: Absolutely, why not?

JD: Do you think I should learn how to operate radio frequencies so I can air my TV show if possible?



KS: Wow! That's a huge goal. I love it and why not, I guess we need to start thinking about who could help us to tap into this market!

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Spotlight on our Internship Programme

On Wednesday 7th January, 2nd year intern CG was given an incredible chance to do some work experience at The Midlands Art Centre.

At SAMEE HQ we received an incredibly long report from Cerys on her experience so here is a little paragraph from Cerys

"I really enjoyed shadowing Roma and finding out how much work goes into the setting up of an exhibition and the work that Saba Khan had put into her artwork to explain her views on how the Mangla Dam had on the migration of Pakistanis to Birmingham.

I would also like to mention how amazing Scarlett was with explaining the conditioning report to me and making sure I was understanding everything." To read her full report, click the link below!

<https://sameecharity.org/wp-content/uploads/2026/01/7.1.26-Work-Experience-at-the-Midlands-Arts-Centre.docx>



Spotlight on our DEBBS Adult Programme

SAMEE Mentor Stuart Knight, has been working alongside a women to get her self-employment business up and running!

Amrit Dhaliwal has just launched her website for her business, Blind Discovery. Amrit is offering Visual Impairment talks/consultancy services. Here's a link to her website:

<https://www.blinddiscovery.com/visual-awareness-training>

One of Stuarts other clients, Nicki Greenham actually built the website for Amrit.

This shows the incredible collaborations and community that is being built here at SAMEE!



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Update from our SENCO, Cassandra Lammas

As the SENCO, I am responsible for overseeing and coordinating support for young people with special educational needs and disabilities, ensuring provision is effective and inclusive. As part of this role, I carry out EHCP annual reviews for our interns, which consider their progression as well as whether the support we provide is meeting their individual needs. Central to this process is the voice of the young person, and it has been genuinely lovely to hear their views and ideas about their progress, the difficulties they experience, and how we can best support them moving forward



Upcoming events!



Monday 30th March

Come and join us at the Museum of East Dorset, Wimborne (09:30-13:30) for an Internship taster day!.If you have an EHCP and want to go self-employed, we just might be the right provision for you! For more information please go to:

<https://sameecharity.org/taster-day/>



Monday 2nd March - Friday 6th March 2026

Our three outdoor minded interns have been invited back to Dorset Bees to help with the planting of 150 saplings and to continue their previous work on building the social prescribing bee hut!

This time they will also be joining by Anton who is our adult SAMEE ambassador who is a local gardener in Christchurch!



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Monday 2nd March - Friday 6th March 2026

National Careers Week!

Join us for National Careers Week! Our interns will be hosting various careers fairs throughout Bournemouth, Poole, and Christchurch. You will be able to buy their stock and/or book their services alongside finding out more about SAMEE!

We now have some further details that we can announce!

Aged
18-25?
WITH AN EHCP?

**Join our supported
Self-Employment internship**

Parents and carers – come and find out more

Upcoming careers fairs:

3 rd March 2025 Wimborne Library	10:00AM - 2:30PM Crown Mead, BH21 1HH
4 th March 2025 Christchurch Library	10:00AM - 2:30PM 29 High St, BH23 1AW

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Recent News!

SAMEE TikTok.....

We have just launched our TikTok account where you get up-to-date behind-the-scenes footage from our Internship and what goes on at SAMEE HQ!

Disability Confident Leader Status!

We have passed and renewed our Disability Confident Leader status for another 3 years!

1st Year Intern JH has been practising his photography/film editing skills!

Our 2nd Year intern has been practising his photography and film editing skills but recreating some famous scenes! This has seen our staff in some very parcular outfits recently!



Opportunities

SAMEE Bears!

Would you like to get your hands on a SAMEE bear?



Pop along to our office at 8 Richmond Gardens and grab one. They cost £5 per bear but look fantastic on your work desk!

Volunteering!

Would you like to get involved in SAMEE?

We are always on the lookout for volunteers to help on our internship team and office team.

Contact us on 01202 424477 or sianell.white@sameecharity.org for further information!

